

I. COURSE DESCRIPTION:

This course builds on the knowledge and skills acquired in the introductory course Nail Care Techniques 1. Students will gain skills in client consultations and recognize contraindications, disorders and diseases. Students will develop the practical skills required to carry out pedicure procedures, foot and lower leg massage and add on treatments. Emphasis will be placed on achieving a perfect polish application with both Manicure and Pedicure procedures. Safety and sanitation procedures will be practiced.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Distinguish between normal and abnormal nail disorders and diseases.

Potential Elements of the Performance:

- a. Identify disorders that may be treated in the salon and those that must be treated by a doctor.
 - b. Practice sterilization and sanitation procedures.
2. Show an understanding of how bacteria and infections can breed in the salon.

Potential Elements of the Performance:

- a. Identify the steps necessary to protect self and clients from the spread of infection
 - b. Incorporate all safety and sanitation requirements.
3. Identify skin disorders that can and cannot be serviced in a salon.

Potential Elements of the Performance:

- a. Identify and describe the characteristics of skin disorders that can and those that cannot be serviced.
4. Identify common implements used in pedicures and practice safe and effective use of each.

Potential Elements of the Performance:

- a. Describe what each implement is used for.
 - b. Identify implements that are reusable and those that are disposable.
 - c. Follow step by step procedures on the use of each implement.
 - d. Follow sanitation and disinfection procedures.
5. Set up a pedicure station.

Potential Elements of the Performance:

- a. perform a pedicure.
- b. Follow step-by-step procedure for pedicure station set up.
- c. Maintain a safe and sanitary work area.
- d. Identify all implements, nail cosmetics and materials needed to
Practice all sanitation and sterilization procedures.

6. Conduct a professional client consultation.

Potential Elements of the Performance:

- a. Display professional conduct.
- b. Display effective communication skills.
- c. Record client information on a client health/record form.
- d. Determine when it is necessary to take precautions.
- e. Recognize contraindications.
- f. Determine when it is necessary to refer a client to a doctor.
- g. Recommend products and add on services.
- h. Perform a post service and record information of service and recommendations.

7. Perform a pedicure.

Potential Elements of the Performance:

- a. Follow step by step procedures.
- b. Practice sanitation and sterilization of all equipment and implements
- c. Incorporate all safety and sanitation requirements.

8. Demonstrate the correct techniques for perfect polish applications.

Potential Elements of the Performance:

- a. Follow step-by-step procedures for a Regular Polish.
- b. Follow step by step procedures for a French Polish.

9. Perform a pedicure foot massage.

Potential Elements of the Performance:

- a. Understand the benefits of a foot massage.
- b. Recognize conditions where precautions must be taken.
- c. Follow step-by-step procedures.

10. Perform a paraffin wax treatment on the feet.

Potential Elements of the Performance:

- c. Describe the benefits of a paraffin wax treatment.
- d. Identify contraindications.
- e. Follow step-by-step procedure.
- f. Incorporate all safety and sanitation requirements.

11. Perform a Spa Pedicure

Potential Elements of the Performance:

- a. Understand and explain the benefits
- b. Follow step by step procedures

12. Incorporate aromatherapy into manicure and pedicure services.

Potential Elements of the Performance:

- a. Explain what essential oils are and some of their benefits.
- b. Identify carrier oils and their use.

13. Recommend Products and Services

Potential Elements of the Performance:

- a. Describe how certain products and services can be beneficial.
- b. Advise client on homecare.

III. TOPICS:

1. Pedicures and Pedicure Tools
2. Foot Massage
3. Sanitation
4. Inflammatory and Infectious Disorders of the Skin
5. Anatomy Review of the Foot and Lower Leg
6. Review of Nail Disorders and Diseases
7. Aromatherapy
8. Paraffin Wax Treatment
9. Spa Pedicure
10. Regular Polish
11. French Polish
12. Recommend Products and Services

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Handouts, Nail Kits and Towels.

V. EVALUATION PROCESS/GRADING SYSTEM:

Students must pass both practical lab and theory components separately. In order to receive a passing grade in this course, students must achieve 60% in the practical lab component.

Professional Image	10%
Theory	30%
Practical	60%

In Order to Successfully Complete this Course: An 80% attendance is required in order to receive a passing grade.

Attendance: A penalty of 1% per day absent will be deducted from your final grade.

Missed Tests: You will not be able to achieve higher than a C grade.

Nail Care Techniques II is a Prerequisite for Student Clinic and Field Work.

You Must Pass Nail Care Techniques II in Order to be Accepted into the Student Clinic and Field Work.

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	3.00
B	70 – 79%	2.00
C	60 – 69%	1.00
D	50 – 59%	0.00
F (Fail)	49% and below	
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

Note: For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

VI. SPECIAL NOTES:

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Special Needs office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

Communication:

The College considers Web CT/LMS as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the Learning Management System communication tool.

Plagiarism:

Students should refer to the definition of “academic dishonesty” in *Student Code of Conduct*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course Outline Amendments:

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

VIII. DIRECT CREDIT TRANSFERS:

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Chair's secretary. Students will be required to provide a transcript and course outline related to the course in question.